Preventative Treatment

Preventative care is critical for early diagnosis and to maintain stability. Prophylaxis is a basic dental cleaning that removes plaque and mild tartar build up above the gum tissue. This treatment is sometimes combined with a full mouth debridement.

Full mouth debridement is needed when there is moderate to heavy tartar build up above the gum tissue, with possibly some mild build up below the gum tissue. This procedure is sometimes combined with a prophylaxis depending on the extent of the buildup.

Scaling and root planing is a deep cleaning that is needed when there is moderate to heavy build up above and below the gum tissue and periodontal disease is active. In some cases anesthetic is required for this procedure.

Perio- maintenance is a type of cleaning that is needed after scaling and root planing to maintain stability of periodontal disease.

Fluoride Varnish is placed on the teeth to prevent decay. We find that the majority of our patients suffer from xerostomia (dry mouth). Xerostomia places them at very high risk for decay, especially on the root surfaces. This treatment helps to prevent decay from occurring.